Country Cuisine *Food Presentations*

*Food is one of the most important parts of any culture. Indeed, one of your most interesting experiences living abroad will be learning about the culture through their cuisine. To prepare you for thias experience, please research the following topics. Answer these questions with complete sentences and upload to the Wiki when you are finished. M.H.*

• What foods are commonly eaten in your cuisine?

Foods commonly eaten in China are Rice, Noodles, and a variety of vegetables and meat.

• What are the mealtime customs for your country? Describe a typical meal using their traditional foods as examples:

breakfast- Breakfast is usually a baked bun, a sort of porridge with white rice in it, or a type of soup.

lunch- Lunch consists of rice or noodles with vegetables.

dinner- Dinner is eaten with your family and consists of rice or noodles, soup, and three or four hot dishes.

snack- Snacks are severed at midmorning, afternoon, or at night alongside a tea. Typical snacks are fried dumplings, shrimp balls,, and spring rolls.

• Name at least two “famous” dishes from your country.

Sweet and sour pork and fried rice are two “famous” dishes from China.

Are these foods commonly eaten in our American cuisine?

These foods are sometimes eaten in American cuisine. You are more likely to see fried rice, though, than sweet and sour pork.

Have you personally ever tasted these foods?

Yes I have eaten these food and they tasted very good.

• What are some types of cooking utensils or equipment used in this cuisine?

Cooking utensils commonly used in China are a steamer, a wire sieve, a Chinese wok, and a iron palette.

• What are the traditional holidays or celebrations for your country and what foods are served at these events?

Traditional Chinese holidays are Chinese New Year which takes place in January/ February time. Foods commonly eaten at this time are oysters, oranges and tangerines, fish, and duck.

• As a visitor to your country, you will be dining in restaurants in your city. Describe what your experience may be like. Will you be able to read the menu? What are some dishes that may be included on your menu? How expensive will it be for you as a visitor?

It is common for people in China to eat out. When out for as meal each person will get their own plate, an array of foods will then be food in the middle of the table for the people at the meal to share. The menu will consist of many traditional Chinese foods along will a few or western influenced dishes depending on the restaurant. As a visitor it may be more expense than of you were a local as they may figure than you do not know how much these foods are usually worth and make you pay extra.